



2 August 2020 18th Sunday in Ordinary Time – Year A

STAYING IN TOUCH

Please register your details online at the [Cathedral of the Holy Spirit](#) or [Our Lady of Lourdes](#) websites. Please include your Surname, Christian name, Email address, Cell and Landline numbers, and Street address and which parish you belong to. Alternatively, you can email the above details to info@lourdesparish.nz, "Registering my details with you".

Pastor's Desk

In this week's gospel we hear of arguably the most recognisable of all of the miracles from Jesus' ministry, outside of course of the resurrection. In fact, this miracle is the only one, along with the resurrection, which is deemed to be important enough to be mentioned by all four Gospel writers.

The feeding of the five thousand, or the multiplication of the loaves and the fishes as it is also known, shows a human side of Jesus which we can readily relate to, while at the same time providing further revelation of his divine nature. The version which we hear today comes from Matthew's gospel and though it is fairly light on the minutiae of the day's events, what Matthew chooses to include, however, is informative, and moreover, the events of the day speak profoundly to Jesus' divinity and humanity.

Immediately preceding this passage in Matthew's gospel, we hear how Jesus has heard of the murder of his cousin John the Baptist and so naturally wishes to be alone with his grief. Seeing the crowds which have found him and followed him however, Jesus puts his own hurt aside and ministers to the crowd's needs. Other than healing, nothing more is recorded here of the teachings and other of Jesus' pastoral actions, but we do know that this was probably the largest of all the crowds to which Jesus preached. With five thousand men, many with their wives and families, the number could have been as high as 20 000 or more, larger than the crowd present at the Sermon on the Mount. It is no wonder then that the time slips away, and thoughts turn to empty bellies. What happened next, we all know the result of very well, but the exact detail of 'how' remains unknown. We have all heard explanations for the feeding of the 5000 that suggest anything from the cajoling of families to share what hidden food they had with those around them, through to the supernatural replication of meagre supplies. Whatever your thoughts on this particular aspect of this miracle may be, it's the actions of Jesus across the whole day which are essential teachers here.

Firstly, the location reminds us that whenever and wherever we seek out Jesus in faith, he is willing to receive us and minister to us. Secondly, Jesus shows by his words and actions where his priorities lie, he is greatly concerned with meeting the needs of his people, both spiritually and physically.

Lastly, by asking the disciples to solve the issue of feeding the crowd, we see his trust in them to carry on this work in his name. Then, when their solution has reached its limits, he steps in and shows them how to take it that extra mile which reaches beyond any human expectations.

It is through these lessons that we are reminded that while we are human, we also are made in the image and likeness of God. That in our times of personal struggle, we may be able to find purpose in doing God's will and no matter how incredible your knowledge and skill, people will always need a feed and companionship.

May we have the courage to reach to Jesus in the lonely places and may we too be nourished and healed.

From: Phil Gunn



During Lockdown, at Alert Level 3, Fr Peter Trung Nguyen was ordained and only a certain number of people could attend. This Sunday (August 2), we invite you to celebrate Mass with Fr Trung where he will be presiding at all the Masses here at the Cathedral.

Hospitality will be provided after each Mass. Everyone welcome!

Prayer Intentions

We Pray for Our Deceased:

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

Mass intentions: Sean Gallagher (Ann)



Mass Intentions



We pray for: Andre Griffin, Audrey Murphy, Bettie Beech, Barbara & Graeme Younger, Bernadette Conlon, Chris Kleinsman, Diane Stubbs, Fiona Hurly, Evie Feierabend, Ian Sutherland, Josie Conlon, John Pepperell, June MacMillan, Kathleen Butturini, Kia Reyes, Malia Mavaega, Marian Carey, Maureen Murphy, Maureen Watts, Maria Pascoe, Fr Michael Lloyd, Mike Manson, Mikulas Oros, Melva Widdowson, Michael Quirk, Pat Kauri, Nicola Burmeister, Paul McRae, Peter Morrison-Story, Raymond Jones, Romuald Rudzki, Rebecca Lauvi, Romeo Plamio, Rose Waldvogel, Steve Horgan, Tony Murphy, Tony Winchcombe, Vinnie Carroll, William Lemmon, Tyler, Allan and Wayne.

ABOUT OUR NEWSLETTER: - We will be retaining the online newsletter.

If you know of anyone who cannot access the emails or the internet or who does not have a printer please print out a copy of the newsletter and pass it onto them. Alternatively, ask them to register with the parish office for a printed newsletter – thank you! Please view the overhead presentation before and after Mass.



St Peter's College: The Board of Trustees are about to commence the process of appointing a replacement Principal for Kevin Shore, who will be leaving us in September. This is a time when prayer becomes a significant factor to their planning and decision making. Accordingly, we invite all parishioners to mindfully keep this process and the Board Members in your thoughts and prayers.

Reflection – 18th Sunday in Ordinary Time

1st Reading: Isaiah 55.1-3, **2nd Reading:** Romans 8.35, 37-39

Gospel Reading: Matthew 14.13-21

Responsorial Psalm: You open your hand to feed us, Lord; you answer all our needs.

Much has been going on in Matthew's gospel since the 'Pearl of Great Price' last week!

Jesus has returned to Nazareth to face hometown rejection, and Herod has executed John the Baptist! Jesus escapes heading to the hills, seeking time out in prayer. But the crowds in need catch up with him; Jesus's response is complete open compassion that brings healing. By way of contrast, the disciples see the crowds as problematic, what they can offer them is insufficient, the only answer is to deny their hunger and send them away!

The event that follows is often called the 'multiplication of the loaves' which may suggest that this is a recollection of miracle. However the usual form and characteristics of miracle are absent [there is no technical description of a problem, no description of Jesus' action, and there is no response of awe and wonder to the act of power, by the witnesses]. So what is Matthew trying to teach us?

The disciples deny Jesus imperative to feed the crowd, with logistic realism – it is impossible. However, Jesus takes the little that they do have, and blesses it, breaks it and gives it to the disciples so that they may feed the crowd. These words ring and echo the words of the last supper.

By the time Matthew is writing in (AD 85) the Christian community is fully aware that this bread, blessed and broken, is Christ's own body which provides spiritual nourishment. Eating this bread in faith gives the disciples what they need, the strength they need to carry out their mission.

That is why Matthew pictures Jesus giving the bread to the disciples rather than distributing it himself.

Jesus told the disciples to feed the crowd themselves. Now Jesus is making it possible for them to follow his instructions. Matthew is teaching his contemporaries and us that, through Christ's Eucharistic presence we are given the spiritual nourishment we need to respond in open faith to the needs of others. We too must respond to the various hungers that are in our place in our community.

In this time of great COVID need ... what are our two fish and five loaves -the "all that we have" so that we may surrender it to Jesus in faith, that he may bless it – that it may be shared in abundance with those in need... **From: Kate Bell**

Health and Wellbeing



Exercise is not just about aerobic capacity and muscle size. It can improve your physical health and your physique, trim your waistline, and even add years to your life. But that is not what motivates most people to stay active.

People who exercise regularly tend to do so because it gives them an enormous sense of well-being. They feel more energetic throughout the day, sleep better at night, have sharper memories, and feel more relaxed and positive about themselves and their lives.

Research indicates that modest amounts of exercise can make a difference. So, no matter your age or fitness level, you can learn to use exercise as a powerful tool to feel better.

Flashes of Insight - Conversations on Worship after Liturgical Lockdown with Professor Thomas O'Loughlin of Nottingham University, England.

Please join us in an international conversation "Can you send an apple by email?" with Professor Thomas O'Loughlin, Emeritus Professor of Historical Theology at the University of Nottingham, UK.

August 6th, 2020: In New Zealand in the evening at 7pm (1900 hrs) NZ Standard time.

In the United Kingdom in the morning of August 6th at 8am (0800hrs) UK Standard time

This is an online seminar through ZOOM. Please book here: <https://cathnews.co.nz/letstalkliturgy/>

This conversation is for everyone who has experienced liturgical disruption through Covid-19 and is seeking to "understand" their experience and harness its value for future growth.

We welcome questions from the participants. We also invite you to read Professor O'Loughlin's article "Caveat Pastor" originally published in La Croix International beforehand. Here's the link to the article: <https://cathnews.co.nz/2020/04/26/caveat-pastor/>. Please join us on Booking Link for the conversation: <https://cathnews.co.nz/letstalkliturgy/>. Link to the article <https://cathnews.co.nz/2020/04/26/caveat-pastor/>



Church Notices

Cathedral of the Holy Spirit:

The following events are an open invitation to the Palmerston North Catholic Community – all welcome.

1 August	1:00pm	Life in the Spirit Programme – Mass at 1pm. Orientation Talk at 2pm in the Diocesan Hall	
6 August	9:30am	Shining Stars – an invitation to all our little people to come and share some song, dance, and morning tea – an invitation to all parents and caregivers from all parishes. We look forward to seeing you all in the Cathedral Lounge.	
15 August	3:00pm	The Cathedral will be hosting a section of the Coast to Coast Rosary for Life and Faith – for more information please contact Rastem Eugenio rastem@me.com & see the noticeboard.	
17 August	12:30pm	Hibernian Catholic Benefit Society – St Patrick's Branch 400 Second Quarterly Meeting and AGM: Cathedral of the Holy Spirit – Gathering Area, 197 Broadway Avenue, Palmerston North. Finger lunch served at 12.30pm – please advise if attending for catering purposes to Kevin Frost, Secretary, Tel (06) 3577844 or email kfassociates@xtra.co.nz	
20 August RSVP	10:00am	The third form that began the 1957 school year at St Patrick's College Silverstream will shortly be holding a class reunion in Palmerston North. This will include a Mass at 10am on Thursday 20 August in the Cathedral which will be concelebrated by a member of that class, Fr Michael McVerry S.M., along with another college old boy, our own Bishop Owen. All men who were educated by Marist priests are warmly invited to attend and join in the light luncheon in the parish lounge which will follow. RSVP parish office (06 3572891) or Michael Vanderpump (06 3555268).	
7 September	6:00pm	Cathedral Café recommences on Monday 7 September. Please book on 357 2891, between 9.00 and 1.00pm Monday to Friday, if you wish to join us.	

Our Lady of Lourdes:

2 August	9:30am	Children's Mass – everyone welcome!
5 August	1:00pm	Our Lady of Lourdes Guild: Next meeting belated birthday lunch: Cafe 116 Napier Road. RSVP June 354 7686 Rose 357 5429.
7 August	6:45am	Men's breakfast. Come and be feed mind, body & Soul. The perfect way to start your day. Our Lady of Lourdes meeting room. Continental breakfast supplied. All welcome. Info John Hammond 0276887750
Every Friday	10:30am	Reconciliation is available on Fridays 10:30 to 11 am after mass. Adoration is available on Friday following mass from 10:30am to noon. There is no reconciliation on Saturdays. Reconciliation is also available by appointment with Fr Joe
LOLO School still have bags of fertiliser left over if anyone is interested in purchasing any. They are 12kg bags @ \$17 each and orders can be placed by phoning (06 358 9727) or emailing (office@lolol.school.nz).		

Sacred Heart, Rongotea:

2 August	9:00am	Please stay for our monthly First Sunday Cup of Tea after Mass this morning. An opportunity to chat and catch up. Many thanks.
Reconciliation is available by appointment with Fr. Joe		

St Mary's Foxton/Shannon:

6 August	10:30am	Mass followed by Sunday Reflections every Thursday – St Mary's Foxton Church
Reconciliation is available by appointment with Fr. Joe		

General Notices:

	<p>St Peter's College invites you to their Open Night on Thursday 6 August at 6:00pm in the school gymnasium. Families with children entering Year 7 or Year 9 in 2021 are invited to come along and get an insight of what we have to offer.</p>
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See **Noticeboard** for more information and details on certain events mentioned below.

<p>† Palmerston North Young Family Ministry Facebook page – https://www.facebook.com/PNYoungFamilyMinistry/ Contact: Basia McIntosh at BMcintosh@pndiocese.org.nz phone: 021 082 03750.</p>		
<p>† An Ignatian Retreat for Our Times - A retreat inspired by the words of Pope Francis, in which he sees the church as a field hospital after battle needing to heal the wounds and warm the hearts of the faithful. We invite you to come and join us, via Zoom, as we open a field hospital in which we will pray a series of Ignatian prayer exercises written for everyone affected by Covid 19. Mondays 3 August, 10 August, 17 August 2020. Mornings 11am-noon, or evenings 7pm-8pm. If you are interested, contact Nicola McCarthy or Murray Adams from the Diocesan Retreats Team. Nicola McCarthy n.mccarthy@xtra.co.nz / 021 2922342 or Murray Adams m.c.adamsfam@xtra.co.nz / 027 3574302</p>		
<p>† Ignatian Spirituality NZ is offering a 6 day Residential Silent Individually Guided Retreat –25 October, 10am to 30 October 4pm. St. Francis Retreat Centre, 50 Hillsborough Rd, Auckland.</p>		
<p>† St James School – Taking Enrolments now for 2021. Contact School office 06 357 9719 to request an enrolment pack.</p>		
<p>† CathNews reports news about and of interest to the Catholic Church. This Catholic News has focus on New Zealand and the South Pacific – read online CathNews New Zealand</p>		
4 August	12:15pm	Free Lunchtime Concert: St Peter's Anglican Church – Ruahine Street, Terrace End.
4 August	7:00pm	Young Adults Interfaith Forums – Café Royale – Sqaure Edge – Global Climate Change
11 August	7:00pm	Young Adults Interfaith Forums – Café Royale – Sqaure Edge – Racism



† For sale in the church foyer.



Available in the Cathedral foyer.

<p>† The Op shop is in desperate need of: Children's Toys - please keep us in mind when having a clean out. Warm children's clothing. We are still looking for firewood to assist a household - if you can help please phone Mike Keenan 021 1858969. All welfare requests to the shop 06 3576779.</p> <p>† Please Note: if you require emergency food parcels in the Foxton and Shannon area, please contact Barbara O'Dea – Ph. 027 237 829.</p>	
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Cathedral of the Holy Spirit	Kotahi Ano (Together as One)
<p>197 Broadway Ave, Palmerston North Phone 06 357-2891 Email office@pncathedral.org.nz Website www.pncathedral.org.nz Parish Priest (Acting) Fr Joe Grayland Cell 027 777 8096 Email priest@lourdesparish.nz Parish Manager Steph Grantham 027-4408544 Catechist Kate Bell 027-6544004 Music Ministry Julie Randall & Rastem Eugenio In residence Monsignor Brian Walsh VG Monsignor David Bell 021 2576771 Email: mondbell@gmail.com Fr. Vijay Dung Dung vijayhgn@yahoo.in</p>	<p>Our Lady of Lourdes Parish & Sacred Heart Rongotea Phone: 06 358 3667 Email: office@lourdesparish.nz Website: www.lourdesparish.nz Priests: Fr. Joe Grayland Cell 027 777 8096 Email: priest@lourdesparish.nz Parish Secretary Kate McNamara St. Mary's Foxton/Shannon Parish Coordinator Eleanor Jacobs Cell 021 064 4584 Email foxtoncoordinator@lourdesparish.nz Newsletter Notices for all Parishes contact: Claire Jacobs info@lourdesparish.nz Hospital Chaplain: Kathleen Field – 021 509 436 kathleen.field@midcentraldhb.govt.nz</p>
Schools:	
<p>St. James Primary School (06) 357 9719 office@stjamescatholic.school.nz Principal: Tom Sheehan St. Peter's College: (06) 354 4198 office@stpeterspn.school.nz Principal: Kevin Shore</p>	<p>Our Lady of Lourdes School (06) 358 9727 office@lol.school.nz Principal: Caroline Deazley-Gilligan St Mary's Primary School Foxton (06) 363 8177 info@stmarysfoxton.school.nz Principal: Mary Kleinsman-Powell</p>

NEW ROLES

Pastoral Team Announcements

Change is a constant factor in our evolving pastoral environment. The task of the leadership groups in our parishes is to discern how best to enable and ensure that Christ's pastoral, sacramental and evangelising mission is present in our contemporary world.

Our three parishes are made up of five Sunday communities and within them, our three primary schools and one college. We are a significant group of people within our wider communities of work, home, city, and towns.

Just as Covid-19 moved communication online so too it has changed our administration and pastoral requirements.

We wish to maintain our three pastoral-parish faces, provide for pastoral ministry, and outreach, and streamline our administration. This is the task that leadership (Pastoral Councils, Finance Committees, Liturgy groups, School Principals, DRS's and the Pastoral Team) is given, namely, to discern the way forward. Over the last six months we have been working on this discernment and I am pleased to announce the following changes.

Pastoral Coordinator for Our Lady of Lourdes

Kate McNamara, our present parish secretary, has graciously agreed to become the Pastoral Coordinator at Our Lady of Lourdes beginning on August 1st for up to one year and to transition the role of secretary to pastoral coordinator.

Kate is very well known and a key person in the pastoral life of the parish. Kate's role will focus on hospitality, welcome and support – what we call evangelisation, sacramental life, and outreach. Kate will be responsible for the various forms they take, such as communion to the sick, visiting, sacramental processes with the school, amongst others. This role is centred on parishioners keeping in touch with each other. Kate's wisdom and strong interpersonal skills have guided me over the last several years and I am so pleased that she has agreed to this change.

Parishes Secretary

Claire Jacobs, known to many at Foxton, Lourdes and online has been appointed the Parishes Secretary, based at the Cathedral. This role is primarily for the Cathedral, but it is also a support role to the five Sunday communities and the administration of the parishes. Claire brings enormous energy and talent to the role, especially in digital communications. Claire began her "church career" in Foxton as the parish secretary and then became the communications administrator for our three parishes. Claire is your go-to person for the newsletter Ko Tahi Ano. Welcome Claire to your new role.

Finance Administrator

The Finance Committees Chairpersons of Foxton, Lourdes and the Cathedral have agreed to the establishment of a new role of Parishes Finance Administrator. This role is designed to care for all the financial and reporting requirements for us all. This will be a part-time role of 20 hours and it will be advertised in September this year. This role will be funded by all three parishes on a percentage basis agreed by the Chairpersons of the Finance Committees.

Communications Administrator

Thomas Saywell has been the communications contractor for the Cathedral parish since May 2019 and has done a marvellous job providing support, ideas, and graphic design. Thom has increasing demands on his time from the Diocese – his primary employer- and so he finished his contract with the Cathedral in July. We thank Thom for his work and wish him well.